



**Community**

**NEWS**

**March 2025**



# Alzheimers *Marlborough*



## Book - A - Fair



Saturday 29th and Sunday 30th of March  
2025

9am - 3.30pm

At Alzheimers Centre

8 Wither Road

\$3 a book

Donations of GOOD quality books (all genre  
welcome), puzzles etc.

Please drop donations off at our centre.



Kia ora koutou

The Hon Matt Doocey, Associate Minister of Health, has announced that Health New Zealand | Te Whatu Ora is inviting applications for the Community Action Fund to prevent alcohol-related harm.

The Fund will:

1. **Align with Government priorities** including a social investment approach.
2. **Build skills** by helping communities create and run activities to prevent alcohol harm.
3. **Enhance confidence** by supporting communities so they can take care of their health and wellbeing with effective alcohol harm prevention activities.
4. **Encourage collaboration** to drive community action that prevents alcohol harm.
5. **Focus on high-need populations** to achieve positive outcomes for groups that have evidenced worse outcomes.

Available funding

Funding is available through two streams:

**Stream 1 - Catalyst grants (up to \$50,000 whole-of-life):** For smaller-scale, creative or pilot projects to test innovative approaches and for organisations to establish collaboration opportunities. This stream provides one-off funding.

**Stream 2 - Larger quantum contracts (up to \$150,000 whole-of-life):** For established community organisations with a track record in alcohol harm prevention. This stream is designed for substantial projects requiring long-term investment. Agreements will be awarded for up to 2 years.

Who can apply?

- Non-profit or charitable organisations, including non-government organisations, charitable trusts, marae trustees and iwi.
- Community organisations (incorporated or unincorporated).
- Collaborative networks working in alcohol harm prevention.

Projects must address alcohol-related harm through community-led, strength-based initiatives.

How to apply

Organisations can submit proposals as part of a contestable procurement process.

- The Community Action Fund 2025 is now open on the [Government Electronic Tender Service \(GETS\)](#) website. (You will need to subscribe using the button at the bottom of the GETS page to access the application forms).
- Applications will close at midday on Thursday, 3 April 2025.
- Agreements for successful applications are expected to be in place by mid-May 2025.

For more information, visit [alcohol.org.nz](http://alcohol.org.nz) or the [GETS](#) website.

Please help us spread information about the Fund by forwarding this email to your networks.

If you have any questions don't hesitate to email me at [rebekah.lowe@tewhatora.govt.nz](mailto:rebekah.lowe@tewhatora.govt.nz) or call me on 021 08832460.

# 29

APRIL

BLENHIEM LIBRARY



# DIGITAL SAFTEY SEMINAR FOR SENIORS

Call Emily at 032654243 for more information and to RSVP



Russ Smith



Nathan

10 - 12

**Russ Smith - MNZM Senior Constable  
Prevention Group Blenheim Police**

- Scams and Cyber Security

**Morning Tea Break with Provided Light Snacks**

**Nate-Citizen Advise Bureau- Private Online Accounts**

**Community Connections and Recourses**

Emily Ritchie PSUSI Digital Inclusion Coordinator



Emily Ritchie

# Simply The Breast

Breast Cancer Survivors Dragon Boat Team

## Quiz Night & Silent Auction

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16th May 2025  
Woodbourne Tavern

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Fundraising to attend  
IBCPC France 2026

Help our ladies represent Marlborough on  
the world stage

**Tickets \$25**

Teams of 6 -8

Please be seated by 6.30pm

For tickets contact: Bridget Ennals

Phone: 027 5757504



# Welcoming group wants members

Date: 26 Feb 2025, 11:39 am



*If you're interested in helping newcomers become part of a vibrant community, the Welcoming Communities group needs your help*

The Marlborough Welcoming Communities Advisory Group is seeking expressions of interest from representatives from community organisations, iwi, newcomers' groups and business groups who can support newcomers in Marlborough.

In July 2022, Marlborough District Council was accepted into Immigration New Zealand's Welcoming Communities Te Waharoa ki ngā Hapori programme, which aims to encourage and support councils to take a greater leadership role in welcoming newcomers.

[Go to Immigration New Zealand's Welcoming Communities Te Waharoa ki ngā Hapori webpage](#)

A strong, vibrant community is one that enables all its members to participate in economic, civic and social life, Welcoming Communities Coordinator Heather Barnes said.

"It's a community where everyone feels included and has a sense of belonging," she said.

"Communities which foster an environment where newcomers feel welcomed are more likely to enjoy better social outcomes and economic growth. Social cohesion enables stronger, more resilient communities to flourish."

[Go to our Welcoming Communities Te Waharoa ki ngā Hapori page for more information](#)

The advisory group guides the Welcoming Communities programme and ensures a collaborative approach.

Advisory group members help develop and implement the Welcoming Plan by:

- contributing to and championing the programme
- providing cultural guidance and expertise
- helping in benchmarking best practice
- attending meetings and activities

Expressions of interest should be sent to Heather Barnes, Welcoming Communities Coordinator at [heather.barnes@marlborough.govt.nz](mailto:heather.barnes@marlborough.govt.nz) by 17 March 2025. The term for the group is until Dec. 2025 and the group meets every six weeks during the day.



# 24 March 2025

## Fundraising Workshop The Building Blocks

*Delivered by Emily Taylor from Inspiration Point*

Planning your fundraising programme - Planning tools  
+ how to make the right investments  
Streamlining your programme - Systems and  
processes  
Measuring performance + fundraising metrics  
Reporting  
Working with your Board



Subsidised cost \$25 each  
or \$50 per organisation  
(max 3 attendees)



**MARLBOROUGH  
DISTRICT COUNCIL**

For more information - [enquiry@ratafoundation.org.nz](mailto:enquiry@ratafoundation.org.nz)



## Hei Whanake Marlborough – March Update

Kia Ora all

It's been a few weeks since the Fruition team met with stakeholders to propose launching the Hei Whanake Level 2 Introduction to Horticulture course in Marlborough. There was a very positive response to the course at the hui, feedback overwhelmingly reinforced the need for programmes such as Hei Whanake to work alongside existing providers who were already running – or about to develop – courses targeting rangatahi who are not engaged in education or the workplace.

My thanks to all who have been generous in sharing their time, knowledge and local networks.

In response to the feedback Fruition has decided we will launch the Hei Whanake Programme in Marlborough. The first course is to commence on Monday 28<sup>th</sup> April, graduating on Tuesday 29<sup>th</sup> July. A second course will start in August.

- We are in the process of appointing a Kaiako and organising our teaching space.
- With our first class dates set, we welcome enquiries from stakeholders who wish to register an interest in the course for rangatahi. Just a reminder that Hei Whanake is open to rangatahi aged 16 – 24 (or 15 years old with an exemption) who have not completed a Level 2 Qualification). Find out more at <https://fruition.ac.nz/programmes/level-2-hei-whanake/> (or click on the link in the logo above).
- Students can apply at [Apply to Study - Fruition Horticulture](#). I am available to meet with prospective students who simply want to find out more and to support individuals through the enrolment process – enrolling on line can be a bit daunting. Just email, text or phone to let me know how I can help.
- Our social media feeds are a good way to see what is happening for students on courses in Hawke's Bay and Bay of Plenty. Click on the links below.
- Over the next few weeks, I will be contacting employers to schedule times when rangatahi on the course can be involved in work experience. I appreciate there may well be periods when work experience is not convenient, so we need to be flexible in scheduling this.

### Helen Redshaw

Hei Whanake  
Marlborough Regional Coordinator

M: 027 244 0761

E: [helenredshaw@fruition.ac.nz](mailto:helenredshaw@fruition.ac.nz)

W: <https://fruition.ac.nz/programmes/level-2-hei-whanake/>



# Marlborough's heritage community workshops

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## Seddon

18 March / Awatere Community Hall / 6pm - 7.30pm

## Blenheim

19 March / Te Kahu o Waipuna / 10.30am – 12.00pm

## Blenheim

19 March / Nativity Hall / 6pm - 7.30pm

## Havelock

20 March / Havelock Town Hall / 10am – 11.30am

## Picton

20 March / Picton Library / 6pm - 7.30pm

# ILLUMINATE

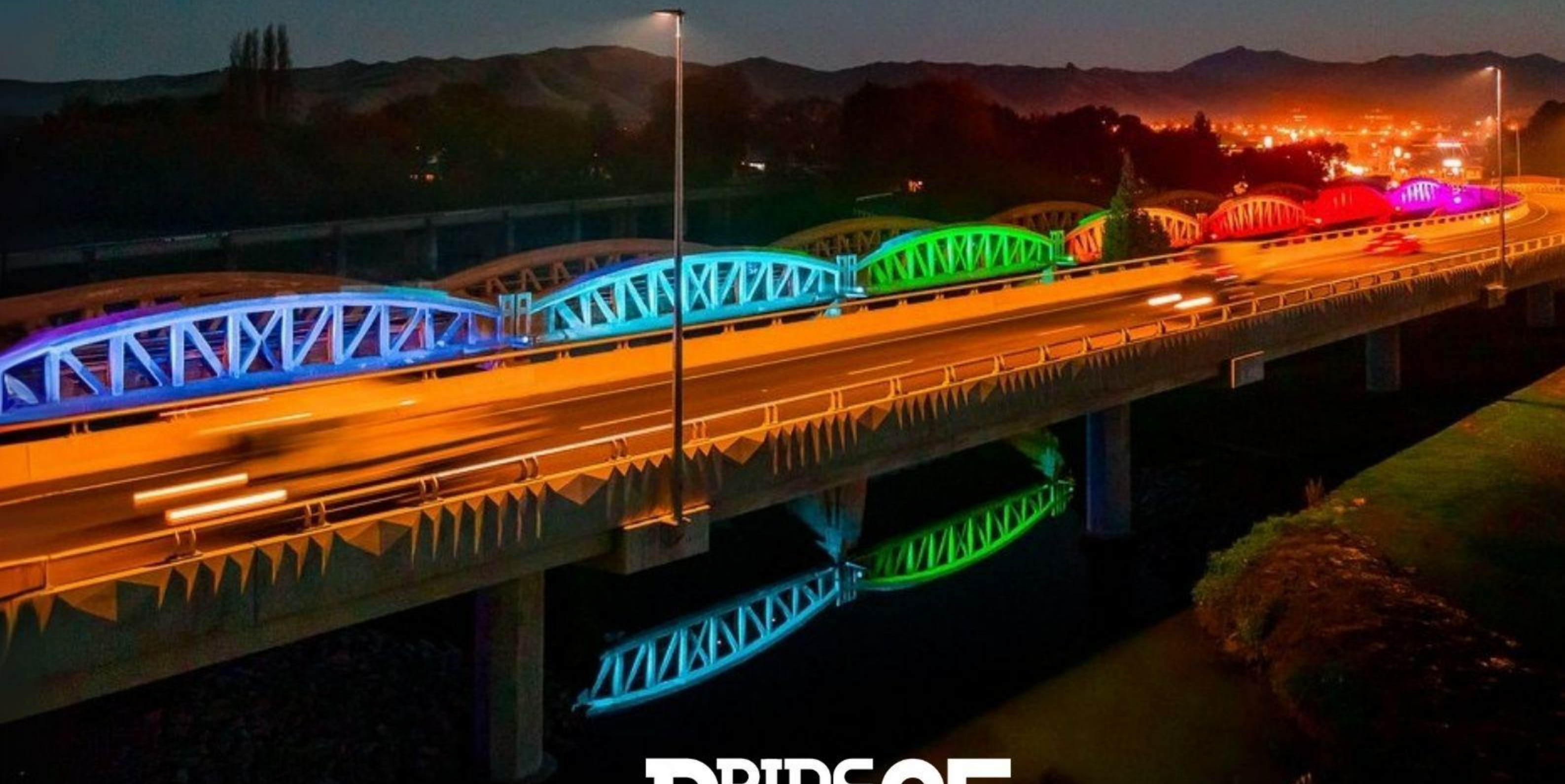
RAINBOW BUILDING LIGHT UP ACTIVATION | JUNE 1 - JUNE 15

VISUALLY SHOW YOUR SUPPORT  
FOR RAINBOW COMMUNITIES!

LEASE A RAINBOW LIGHT-UP KIT \$200.00

INSTALL AND REMOVAL INCLUDED

CONTACT: [KIAORA@PRIDEWAIRAU.CO.NZ](mailto:kiaora@pridewairau.co.nz)



PRIDE  
WAIRAU 25



look good **feel better**<sup>®</sup>

## Next class – **Thursday April 3<sup>rd</sup>** - 12:00pm - 2:30pm

**Free (no cost) Community classes:** The two-hour session include simple, easy-to-follow skincare/make-up techniques and provide a feel-better moment in a session that is about you the person, not a patient. You will receive a Feel Better Confidence Kit made up of donated skincare and cosmetics.

We do also of course offer zoom online classes <https://lgfb.co.nz/patients/online-classes/> These one hour sessions cover a range of topics that includes skincare/makeup, brows, hand and nail care, managing hair loss, chair yoga and mat Pilates.

**To register –**

### **Community Class Link**

<https://lgfb.co.nz/patients/community-classes/> or  
phone **0800 865 432**

Venue -

**Cancer Society Marlborough**  
**76a Maxwell Road**  
**Blenheim, Marlborough 7201**

**Phone: 03 579 4379**

For registration support.



# Whakatika i tō Mana

"Break the silence, End the violence."

Working together to raise awareness and prevent Sexual Harm in our community

## Join us for a time of Whakawhanaungatanga

- Connect
- Kōrero
- Cyber Safety
- Share ideas to deepen and strengthen our collective and collaborative response to sexual violence in our community

Thursday 20th March 2025,  
10 am to 12 .00pm

Maataa Waka, 56 Main Street, Blenheim  
Morning tea will be provided, also please inform  
Jodine of dietary requirements

RSVP to Jodine at Maataa Waka  
[Jodine@maataawaka.co.nz](mailto:Jodine@maataawaka.co.nz)



MAATAA WAKA  
KI TE TAU IHU

St Christopher's Community Eldercare

# Older Persons Seminar

Thursday 27<sup>th</sup> March 2025

St Christopher's Church Hall  
92 Weld St, Redwoodtown

## Guest Speaker

**Duncan Mackenzie**



MARLBOROUGH  
DISTRICT LIBRARIES

## Entertainment

**A Capella Belles**

**Come join us for  
Fun, Food and Friendship**

**10am – 1pm**

**Morning tea & light lunch provided**

**Cost \$6**

**Donna Wahrlich  
Eldercare Coordinator  
donna@stchristophers.co.nz  
027 385 2333**

*Presents*

# MOTHER'S DAY *Talk Show*

*Every Woman Welcome*

*Mothers*



COME TOGETHER TO  
*CHAT*

COME TOGETHER TO  
*LAUGH*

COME TOGETHER TO  
*SHARE SOLUTIONS*

**Saturday 10th May 2025**

*Free Event*



VENUE: CONNECT 8, BEAVER ROAD  
TIME: 1:30PM TO 5PM

RSVP on Eventbrite  
or text 0211816288



# Move More, Eat Better Family Program

**90% of Active Families members have made positive changes to their eating and activity habits**

**A family-friendly program for all ages to help you feel great and stay active**

- ✓ **Four 2-hour sessions for parents and children during the school holidays**
- ✓ **Learn about food and exercise**
- ✓ **FREE to access!**



**Register here!**



or email

[greenprescription@marlboroughpho.org.nz](mailto:greenprescription@marlboroughpho.org.nz)



**This program will help you and your family learn about food and exercise**



**Marlborough Primary Health**

KIMI HAUORA WAIRAU | SEEKING WELLBEING IN MARLBOROUGH

Green Prescription  
**ACTIVE FAMILIES**

Rongoā Kākāriki, whānau kori, whānau ora



Networking Event:

# M.O.V.E.R.S. NETWORK

**MANAGERS OF VOLUNTEERS -  
EDUCATION, RESOURCES,  
SHARING**

Our March session will focus on engaging volunteers with police records.

**Guest speaker** Bruce Campbell (Department of Corrections) will chat about support for organisations.

Register: <https://shorturl.at/NueHj>



Thursday 20 March 12pm – 1:30pm  
Meeting Room, Community Centre



**Confidential and FREE!**



# M.O.V.E.R.S

Managers of Volunteers – Education, Resources, Support.

*Supporting volunteering in our community*

## WHAT TO EXPECT

At each M.o.V.E.R.S Networking event, you can expect to enter a supportive and welcoming environment of your peers in the not-for-profit sector. We invite you to attend and enjoy a confidential space where you can learn from others, hear guest speakers, share issues you may be experiencing in your role, and brainstorm solutions.

## MEETING FORMAT



### Introductions

Each meeting will begin with brief introductions about each attendee and their organisation, along with any challenges or successes that you may wish to share.



### Speakers / Themes

Guest speakers will sometimes be invited to present to the group on a topic relevant to the sector. Otherwise, in lieu of a guest speaker, we will have a them or invite members to speak about their organisation in more depth.



### Networking

After speakers or presentations are finished, we will have sometimes have extra time for networking among peers. This time will be spent in smaller groups and allow for more concentrated discussion.



### What next?

We encourage attendees to stay in touch with the VM team and other network attendees. Should you need further support or resources, or have training needs, please let us know.

12pm - 1:30pm

Third Thursday of each month

Meeting Room, Community Centre



# MARLBOROUGH MULTICULTURAL FESTIVAL

**CELEBRATE MANY CULTURES ONE HOME**

**MUSIC  
DANCE  
ETHNIC FOOD  
STALLS**

**PROMOTING  
UNITY IN DIVERSITY  
CELEBRATING  
RACE RELATIONS DAY**

**FOR MORE INFORMATION  
PHONE 03 579 6410  
[www.mmc.nz](http://www.mmc.nz)**

**DATE: SATURDAY, 15 MARCH 2025**  
**TIME: 11AM - 3PM**  
**VENUE: POLLARD PARK**  
**Churchill Glade**



**Sponsored by  
MARLBOROUGH  
DISTRICT COUNCIL**



# Neurodiversity Celebration Week 17 – 23 March

**Celebrating Different Minds!**

Hi [First Name],

We can't believe it's already **March**—and that means **Neurodiversity Celebration Week is less than two weeks away!** 🚀

Now's the perfect time to start planning how you'll celebrate. Whether you're in an office, working remotely, or part of a community group, **small actions can make a big impact** in **Flipping the Stigma and Celebrating Different Minds!**



# **Maternal Wellbeing**

## **Marlborough**

**Pregnancy can be full of ups and downs, and we're here to support you.**

**Join our free drop-in sessions to relax, connect, and chat with qualified counsellors.**

**Where: Supporting Families, Unit 3,  
19 Henry St**

**When: Tues 6:00 PM – 8:00 PM**

**Dates: March 4, 11, 18, 25 & April 1, 7**

**No commitment—just drop in! Enjoy a cuppa, supper, and a friendly chat with other mums-to-be.**

**Our 10-week antenatal course starts April 29—come along to learn more!**

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**MATERNALWELLBEINGMARLBOROUGH@GMAIL.COM**  
**WWW.MATERNALMENTALWELLBEING.COM**

HERE FOR GOOD

# newsletter

TE TAUHU | MARLBOROUGH



NEW ZEALAND  
**RED CROSS**  
RIPEKA WHERO AOTEAROA

March 2025 | News for Refugee Support Volunteers

redcross.org.nz | 0800 RED CROSS |   



Families and volunteers join in with the fun at Marlborough Multicultural Centre's Summer Meet-Up, Pollard Park

## Kia ora

The sun was shining on Wednesday 29th January and we had a great turn out of families, volunteers, and new comers to the region join us at the Summer Meet-Up in Pollard Park. It was a great opportunity to connect and spend time together, and also to show our off our beautiful town amenities to new arrivals.

We are very excited to welcome Ruman Ansari to the Blenheim team as our new Pathway to Settlement Manager. Ruman is a registered social worker and joins us with considerable experience working with whānau and tamariki in both statutory and NGO settings. She has relocated to Blenheim from Palmerston North.

And, a massive 'thank you!' to the Blenheim Rotary Club for their very generously offer to provide seven household packs to help new families arriving to settle into their homes.

Do good with Red Cross

NEW ZEALAND RED CROSS  
RIPEKA WHERO AOTEAROA

Fundraise • Volunteer • Donate  
to help people in need

- Community fundraising events
- Community Transport
- Disaster Welfare and Support Te
- First aid traini
- Hospital supp
- Meals on Wheels

## Understanding Ramadan

You may have friends, colleagues, clients, or volunteers, who observe Ramadan. Understanding helps create a respectful and supportive environment.

### What is Ramadan?

Ramadan is a month-long period observed by Muslim communities worldwide as a time of fasting. Many Muslims fast from dawn to sunset, and no food or water is consumed during daylight hours for approximately 30 days.

Ramadan is based on the lunar calendar, so its start and end dates determined by sighting of the moon. Because of this Ramadan shift slightly each year and in 2025 it started on the 2nd of March. Similarly, the month ends with seeing the new moon.

Breakfast is consumed in the early hours of the morning before true dawn – around 5am.

The month is considered a time of spiritual growth, self-discipline, and gratitude. It emphasizes charity, patience, and mindfulness, with many observing it as an opportunity for personal and communal reflection.

Eid al-Fitr marks the end of the Ramadan. During this day and days after, it's a celebration where families and friends get together and share food, company, and gifts.

### How can you be supportive?

If you work with or interact with people who observe Ramadan, a few small gestures make a good impression:

- Be mindful of mealtimes – if you're scheduling meetings or events, consider the fasting schedule.
- Understand possible energy shifts – people who are fasting may experience lower energy levels, especially later in the day.
- Respect personal choices – not all Muslims fast or observe the same way. A supportive approach is simply acknowledging and respecting individual choices and practices.



### Faizal shares his experience

Faizal Ali is a volunteer coordinator for Pathways to Settlement in Wellington. We asked him some of the most common questions were around Ramadan.

**Are you allowed to have water or any other liquids?** No liquid, so it's important for us to increase hydration levels in the evening to help us the next day.

**Do you lose weight?** I monitored my weight a couple of years ago and found that I only dropped about 400 grams. The human body is incredible at adapting to change very quickly.

**Can I eat in front of you?** Absolutely. But please be aware that the families you're with may not be used to fasting in Aotearoa. Please be mindful of consuming food or water in their presence.

**Do you eat as much as possible in the evenings?** It's different from person to person. For me personally, I try to ensure that I'm filling the tank with good food and water without overdoing it. Your stomach does shrink over the month, so what you might have been able to consume before fasting will typically be a lot less by the end of the month. After all, it should be a reset for the body physically and mentally.

### Do sick people, pregnant women, children, or anyone unable to fast have to participate?

Ramadan is for people who are physically and mentally capable. Anyone who isn't capable due to these reasons is either exempt or can make it up later, or they can choose to financially contribute to feeding the poor. If you're travelling, you have the option of skipping a fast and making it up later.





The Ministry for Ethnic Communities, Shakti and Te Puna Aonui Ethnic Communities Network, has updated, redesigned, and translated the Our Culture, Our Pride: No Excuse for Abuse booklet into 10 languages: Hindi, Punjabi, Arabic, Dari, Farsi, Simplified Chinese, Korean, Spanish, Tagalog, and English.

This resource raises awareness of different forms of family violence that can affect ethnically diverse communities and provides information on prevention and accessing support.

You can access and download a digital copy of the booklets in the language that you prefer by clicking on any of the links below:

[Our Culture, Our Pride: No Excuse for Abuse \(English\)](#).  
(PDF 8.88MB).

[Our Culture, Our Pride: No Excuse for Abuse \(Hindi\)](#).  
(PDF 6.38MB).

[Our Culture, Our Pride: No Excuse for Abuse \(Spanish\)](#).  
(PDF 6.39MB).

## What's On Now

**15 March 2025, 11am-3pm**

### **Marlborough Multicultural Festival 2025**

The Multicultural Festival embraces cultural diversity and unites the community in a celebration and sharing of a variety of cultural dance, food, ethnic crafts and performance.

**15 April 2025, 10am-12pm**

### **NEW Refugee Support Vol Training**

For anyone interested in joining us as a NZRC Refugee Support Volunteer.

**TBC April 2025, 6-8pm**

### **Family Curry Night**

Our Rohingya community would like to share an evening of fun, friendship and food with you as a 'thank you'. All volunteers (past and current) are invited to join us - there will be a range of spice levels :) *Details to follow soon.*

# Red Cross refugee resettle team on the lookout for volunteers

**The first people you meet as a refugee in New Zealand will have a profound influence on how well you adjust and settle.**

The Refugee Support Volunteer (RSV) role is an important role and we are extremely grateful to all our volunteers (those who have completed placements, those of you currently on a placement, and new volunteers waiting for families to arrive so that they can join a team) - we could not do this without you! We're expecting new families to arrive in April, May and July this year, and we need more people like you to volunteer.

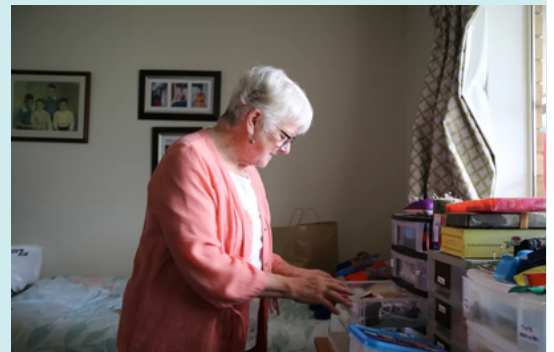
Esmee Rawden, a RSV in Manawatū, talks to RNZ about the role:

<https://www.rnz.co.nz/national/programmes/afternoons/audio/2018978216/red-cross-refugee-resettle-team-on-the-lookout-for-volunteers>

Volunteer tasks may include:

- Setting up a home for a refugee family/individual before they arrive,
- Helping the family enrol with schools and doctors,
- Budgeting, shopping, and how to use an ATM machine,
- Showing the family how to use public transport,
- Social visits,
- Generally explaining how things work in New Zealand.

If you're interested in supporting a family this year, or if you know of someone who might be interested in becoming a RSV, please get in touch with Zoe today: [zoe.gray@redcross.org.nz](mailto:zoe.gray@redcross.org.nz)



## Key Contacts

### Ruman Ansari

Pathway to Settlement Manager

E: [ruman.ansari@redcross.org.nz](mailto:ruman.ansari@redcross.org.nz) M: 021 221 0081

### Zoé Gray

Volunteer Programme Lead

E: [zoe.gray@redcross.org.nz](mailto:zoe.gray@redcross.org.nz) M: 027 273 1451

### Alex Morales

Settlement Lead

E: [alex.morales@redcross.org.nz](mailto:alex.morales@redcross.org.nz) M: 027 367 2364

### Natalia Vasquez

Settlement Case Worker

E: [natalia.vasquez@redcross.org.nz](mailto:natalia.vasquez@redcross.org.nz) M: 027 367 5912

## FREE First Aid Training

One of the benefits of joining Red Cross as a volunteer is access to training and development opportunities.

If you're interested in taking part in one of the following courses, please let Zoe know:

[zoe.gray@redcross.org.nz](mailto:zoe.gray@redcross.org.nz)

- **Introductory First Aid**
- **Essential First Aid**
- **Comprehensive First Aid**
- **Psychological First Aid**

<https://www.redcross.org.nz/first-aid/our-courses>



## SeniorNet Drop-in Day

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***Monday 17<sup>th</sup> March***

***From 1pm***

SeniorNet Marlborough Sounds will be holding its monthly Drop-in session at the Linkwater Hall on **Monday 17<sup>th</sup> March** from 1 pm, to sort any technology problems you have.

Bring your device along, or come with a question to ask, and we'll sort them out.

All are welcome

Save The Date

**WEDNESDAY**

09 APRIL 2025

**12:30pm - 2:30pm**

Te Kahu o Waipuna  
(Blenheim Library) - Room 2



**WORKSHOP**

# TREASURER INDUCTION

Net cash	283	276	843	
Financing				
Short-term debt maturities of 9	0	(1,000)	0	(186)
Common stock issued	208	660	544	837
Common stock repurchased	(1,042)	(5,052)	(2,976)	(9,451)
Common stock cash dividends paid	(1,683)	(1,363)	(3,024)	(2,481)
Net cash used in financing	(2,513)	(6,751)	(5,382)	(7,390)
Investing				
Additions to property and equipment	(498)	(491)	(934)	(1,055)
Acquisition of companies, net of cash acquired, and purchases of tangible and other assets	(8,627)	(69)	(9,502)	(69)
Purchases of investments	(10,047)	(5,896)	(21,346)	(13,313)
Maturities of investments	6,061	1,836	8,886	2,706
Reversals of investments	7,835	2,603	15,371	4,030
Disposals	(292)	447	(358)	1,174
Net investing	(5,568)	(1,570)	(7,883)	(6,527)
Equivalents, end of	\$ 10,610	\$ 4,023	\$ 10,610	\$ 4,023

## Info covered:

- What a treasurer should & shouldn't be responsible for
- Understanding financial information
- Important financial indicators for not-for-profits

Did you put your hand up to be Treasurer? Maybe you were talked into it? Feeling less than confident or want a refresher? This workshop is for you!

Facilitated by **Harald Breiding-Buss** of **Community Capacity Accounting**, specialising in not-for-profits and our different reporting statements.



# Support & Services

## Healthline

0800 611 116

24 hours, 7 days a week. A registered nurse is available if you have any questions about you or your child's health.

## Community Oral Health

To find out more information about dental visits for your child please call 0800 833 849

## Multicultural Centre

21 Henry Street, Blenheim

Morning tea provided on Wednesday for people new to Marlborough. Check out their Facebook page or contact Sarah on 0272460105

## Salvation Army Toy Library

35 George Street, Blenheim

Thursdays 3pm - 4.30pm

Saturdays 10am - 12pm

Playground available for use. For more information contact 03 578 0862 or [blenheim.corps@salvationarmy.org.nz](mailto:blenheim.corps@salvationarmy.org.nz)

## Antenatal & Postnatal Support Group

Free sessions that offer a safe space to connect with other mothers and moderators. To enroll or for more information email [maternalmentalwellbeing@gmail.com](mailto:maternalmentalwellbeing@gmail.com) or call Maternal Mental Wellbeing on 020 426 4302

## Car Seat Technician

Automotive Solutions

42 Grove Rd, Wednesday - Friday

Appointments Required, phone 03 578 3209

# Plunket

## Plunketline - 0800 933 922

24 hours, 7 days a week. Parent and helpline advice service. A Plunket nurse will answer any questions you may have

## Drop In Clinic

On Thursday mornings, 9 - 11am at our Henry St rooms. Please check our Plunket Marlborough Facebook page for further details.

## Solids Talk

Held once a month on a Thursday at our Henry St rooms. Learn more about what and when to feed baby and general oral health advice. Please check our Plunket Marlborough Facebook page for further details.

## \$1 Op Shop

Every Wednesday & Thursday during Termtime 10am -12pm  
Located behind the Plunket office at Henry St, parking out back. Good quality baby and toddler clothes, all \$1 each!

## Mum's & Bub's Coffee Group

Every Thursday during term time, 9.30am - 10.30am at our Henry St rooms. Get together with other mothers with babies under one!

## Monthly Walking Group

Come join us on the first weekend of every month during term time at 9.30am for a group walk in a different location of Marlborough with a local guide. More information on our Facebook Page.



# What's On Marlborough!



Kotahi mano ngā rā hiki te oranga  
mō ngā tipuranga i roto i te hāpori  
In the first 1000 days setting the path  
of wellbeing in our communities, for  
generations to come



# Music & Movement

## Mainly Music

Wednesdays 9.30am - 10am  
Lenwick Anglican Church  
Contact Nikki on 03 572 8255

## Bubbles & Bounce

Fridays from 10am - 11.30am  
Riversdale Community House at 131 Budge St, Blenheim  
Gold coin donation, contact Alison 027 261 2852

## Tunes For Tots

Fridays from 9.30am - 11.30am during term time  
The Nativity Centre at 76 Alfred Street, Blenheim  
\$3 per child or \$5 for the family  
Contact 03 578 3909

## Drum & Jive for Under 5's

Tuesdays 9.30am during term time  
The Foundry on John Street, Blenheim  
Gold coin donation, morning tea included  
Contact Laura at [laurajanemayarey@gmail.com](mailto:laurajanemayarey@gmail.com)

## Little Red Fox

Monday, Tuesday & Fridays 9.30am - 11am  
Alana Place, Blenheim. Stay and play!  
Contact 03 579 1150 or find them on Facebook

## Littlebugs

Tuesdays from 9.30am during term time  
at Christopher's Hall on Weld Street  
\$2 per family, contact Tracy on 03 578 0139

# Playgroups

## Samoa A'oga Amata Playgroup

Mondays & Thursdays 9.30am - 1.30pm  
Fridays 9am - 12pm  
Redwoodtown Plunket Rooms  
21 Bythell Street, Blenheim  
Contact Fualaau on 020 4102 5008

## Thrive TUPU

Wednesdays 10am - 12pm  
Redwoodtown Plunket Rooms  
21 Bythell Street, Blenheim  
Contact Sandi on 027 608 5660

## Woodbourne Playgroup

Mondays 10am - 12pm  
Gold coin donation at the Woodbourne Community Centre  
Contact Rachel [woodbourneplaygroup@outlook.co.nz](mailto:woodbourneplaygroup@outlook.co.nz)  
Or checkout their Facebook page

## Dillons Point Community Playgroup

Mondays & Wednesdays 9am - 12pm  
4B Dillons Point Road, Blenheim  
Checkout their Facebook page

## The Village Under 1's

Tuesdays 9am - 12pm  
4B Dillons Point Road, Blenheim  
Gold coin donation

# Playcentres

## Blenheim

Mondays & Wednesdays 9.15am - 1.15pm  
Tuesdays, Thursdays & Fridays 9.15am - 11.45am  
17, Eltham Road, Blenheim  
[blenheim@playcentre.org.nz](mailto:blenheim@playcentre.org.nz)

## Spring Creek

Mondays & Wednesdays 9.30am - 12.30pm  
46a Ferry Road, Spring Creek, \$20 per term  
[springcreek@playcentre.org.nz](mailto:springcreek@playcentre.org.nz)

## Renwick

Mondays & Fridays 9.15am - 11.45am  
Wednesdays 11am - 1.30pm  
[renwick@playcentre.org.nz](mailto:renwick@playcentre.org.nz)

## Picton

Tuesdays & Thursdays 9.30am - 12pm  
5 Waitohi Place, Picton  
[picton@playcentre.org.nz](mailto:picton@playcentre.org.nz)

## Linkwater

Mondays 9am - 11am at the Linkwater Hall  
[linkwater@gmail.com](mailto:linkwater@gmail.com)

## Wairau Valley Playgroup

Wednesdays 9am - 11am  
Wairau Valley Peace Memorial Hall  
17 Morse Street, Wairau Valley  
[playgroupwv@gmail.com](mailto:playgroupwv@gmail.com)

Kia ora,

On Tuesday 1 April, rates for benefits, New Zealand Superannuation, Student Allowance and other financial support will go up due to the Annual General Adjustment. These changes are being made to reflect increases in the cost of living (inflation) or net average wage. You can find a full list of rates on the **Work and Income and StudyLink websites**.

This change will be made automatically, people don't need to do anything. The first payment people get in April will be partly at the new rates. This is because 1 April is part way through the pay period.

Benefit increases could change other payments people get, like Temporary Additional Support. If a client's income has increased, their Income Related Rent or emergency and transitional housing contributions may also change. Note that the total amount people get from MSD after the 1 April changes won't be less than what they're getting now.

You can find more information, including the new rates, on the Work and Income and StudyLink websites.

With these changes, more people may qualify for supports like Accommodation Supplement, Disability Allowance, childcare assistance, help with urgent and unexpected costs, and Community Services Cards. People can use 'Check what you might get' to find out what supports may be available to them. The tool will have all the new amounts loaded from 1 April.

[Check what you might get](#)

People can also check their new payments from 1 April in MyMSD or MyStudyLink.

### **Support in the community**

The online Family Services Directory lists financial planning, childcare, and other community services for people and whānau. If you're a community provider and want to register or update your details, go to 'Information for Providers'.

[Family Services Directory](#)

Thank you for what you do to help New Zealanders be safe, strong and independent.

Kia ora koutou,

The WorkWell Team invites you to our free online webinar 'Supporting and Promoting Immunisation in the Workplace'.

The webinar will run live on Tuesday 8 April from 9:30am – 10:30am via MS Teams.

Immunisation is an important tool available, providing individual and community protection from vaccine preventable diseases. Workplaces are in a unique position to support and encourage eligible employees and their tamariki to be vaccinated. By doing so, they are contributing to a caring and supportive culture, with the likely benefits of immunisation including improved staff health (and their whānau), and a decreased risk of severe illness.

This webinar will be facilitated by the National Public Health Service (NPHS) and will include presentations from keynote speakers from the NPHS and Waiariki Whānau Mentoring.

What is included in the webinar?

- Medical Officer of Health Dr Phil Shoemack, from the National Public Health Service (Te Manawa Taki), will discuss why we have immunisations and what they do.
- Registered nurse and vaccinator Sam Hennessy from Waiariki Whānau Mentoring will discuss barriers whānau face to getting their tamariki vaccinated and relate this to the workplace. Sam will also fact check some commonly asked questions.
- The WorkWell team will present new immunisation and infection control resources available on the WorkWell website. These include actions workplaces can implement to support and promote childhood and hapū māmā immunisations in the workplace.

This webinar is intended for business owners, managers, wellbeing leads, health and safety representatives and staff members with a passion for health and wellbeing in the workplace.

Please register for the online webinar [here](#) or on the link below:

<https://events.teams.microsoft.com/event/be32513b-13b9-4428-958a-5289004725b4@bed4da51-3cdb-4d0d-baf8-fb80d53268e3>

If you would like more information about the webinar, please contact:

Joel Barr | [joel.barr@tewhatuora.govt.nz](mailto:joel.barr@tewhatuora.govt.nz)

Rose Robson | [rose.robson@tewhatuora.govt.nz](mailto:rose.robson@tewhatuora.govt.nz)





# 2025 Community education fund

## About the Electoral Commission

The Electoral Commission (the Commission) is responsible for running New Zealand's parliamentary elections and keeping the electoral rolls up to date. We are an independent Crown Entity which means we work independently from government. We administer the Electoral Act 1993 which provides the rules for parliamentary elections and the electoral roll.

We work to provide an effective and impartial system that New Zealanders understand and trust. We register voters and add them to the electoral roll. We keep the electoral rolls up to date and accurate, so elections run smoothly. We also supply electoral rolls to local authorities for use in local authority elections.

We educate New Zealanders about enrolling and voting. We also work with communities to help them understand and take part in elections, especially communities with lower participation rates.

## 2025 Local authority elections

Local authority elections are being held in October 2025, and the Electoral Commission's role is to support enrolment for the local elections and provide up to date electoral roll information to councils.

We are also raising awareness for voters of Māori descent about the choice between the Māori roll and the general roll.

## 2025 Community education fund

In 2025, the Commission has launched a community education fund for organisations to apply for funding to provide community-based activity focussed on building awareness and understanding of the 2025 local authority elections and the option for Māori to change roll type before the local authority elections.

A maximum of \$13,500 is available to apply for, for delivery of community engagement activities between 1 April – 10 October, with a specific focus on any of the following areas: understanding and participation in local elections, key dates, the Commission's responsibilities regarding roll closure and the ability of voters of Māori descent to change rolls.

Applications close 12pm Monday 14<sup>th</sup> April 2025.

## Key dates

<b>1 April</b>	Electoral Commission starts public information campaign
<b>1 – 11 April</b>	Enrolment update packs sent to everyone on the electoral roll
<b>10 July</b>	Deadline for Māori to change rolls before the local elections
<b>1 August</b>	People need to be enrolled by 5pm Friday 1 August to receive voting papers in the mail
<b>20 September</b>	Voting period starts
<b>11 October</b>	Voting closes at midday Saturday 11 October

## Fund objectives

We will fund community engagement initiatives that build awareness and understanding of:

- The 2025 local authority elections and the need to ensure enrolment details are correct to receive voting papers in the mail.
- The choice for voters of Māori descent to change electoral roll ahead of the local authority elections if desired.
- The importance of enrolling and having your say in local authority elections

## Eligibility criteria

We will fund community organisations who fit with the following eligibility criteria:

- We will only consider community engagement initiatives.
- Applicants must have proven strong relationships with communities.
- Meet all the requirements in the Grant Application form including the following:
  - be a legal entity (we will not fund individuals or informal groups)
  - have been established for at least two years.
  - Must be available to attend a two-hour online education briefing on 28 April 2025

## Selection process

The panel will use these principles as a guidance for selecting the organisations for the community education fund:

- We support organisations that can demonstrate strong relationships in the community they work in and in which the initiative will be delivered in.
- The initiative will deliver information and education about enrolment and participation in local authority elections and raise awareness for the choice for voters of Māori descent to change roll type ahead of the 2025 local authority elections.”

## Ngā Mātāpono – our values

**Tūhonohono** - to join, bond, attach, connect.

The Commission brings people together to increase participation in democracy.

**Aratakina** - to conduct, lead, point out, guide.

The Commission provides guidance towards greater understanding.

**Uakaha** - vigour, energy, dynamism, enthusiasm

We are passionate, innovative and committed to removing barriers for people to access democracy and civic participation.

**Manaaki** - hospitality, kindness, generosity, support

Demonstrating generosity and empowering people.

**Tika** - be true, valid, honest, genuine, sincere.

Doing things right and doing the right thing.



# Marlborough Funder Information Workshops

**Presentations from Funders, Resources,  
Q & A + Networking opportunity**

**Picton : Monday 7 April 12:30pm**

**Blenheim : Monday 7 April 5:30pm**

**Rai valley : Tuesday 8 April 10:30am**

Register via the QR below or via:  
<https://events.humanitix.com/2025-marlborough-funding-information-workshops>



# Autumn FLU CLINIC

12 April 2025 from 8.30am to 3pm

**SHINGRIX**

Aged 65 years ONLY (2 doses)

\*health criteria may  
apply for vaccines

**Māori**

**FLU**

Aged 4 years+

**COVID**

Aged 12 years+ (6 months gap)

**Pasifika**

**Whānau**

**MMR**

Aged 12 months to 54 years

**BOOSTRIX**

Aged 45 years+

**Location:**  
My Space, Youth Centre  
(entrance off Redwood St)

**"it's about whānau"**



**Marlborough Primary Health**  
KIMI HAUDORA WAIRAU | SEEKING WELLBEING IN MARLBOROUGH



**Ngāti Toa Rangatira**  
KI WAIRAU TRUST



## Exciting Advertising Opportunity on High Street - Window Space Available!

We are excited to announce a unique advertising opportunity right here at The Oscars Office. As you may know, our location on High Street sees a lot of vehicle and foot traffic, making it an ideal spot to showcase your business or brand. We are now offering our window space for advertising, and we'd love to invite you to be a part of this opportunity.

If you're interested in reaching a large, engaged audience, this could be the perfect fit for you. Or if you know of anyone that might be interested.

If you would like more information on the pricing, and how you can get involved, please don't hesitate to reach out.

Kind regards,

Bridget Nicholls  
Oscars Manager

022-699-0601

[Manager@breadoflife.org.nz](mailto:Manager@breadoflife.org.nz)





# FUNDRAISER

Supporting Nativity's work with  
Recognised Seasonal Employer (RSE)  
workers and their families.

## PREMIER EVENT

PASTOR. SPY. ASSASSIN.

# BONHOEFFER

27 MARCH 25

7PM

EVENT CINEMAS BLENHEIM



“Bringing spiritual  
reality to a secular  
world”

**Come and join us for the premier  
of Angel Studios' "Bonhoeffer"**

As the world teeters on the  
brink of annihilation, Dietrich  
Bonhoeffer joins a deadly plot to  
assassinate Hitler, risking his faith and  
fate to save millions of Jews.

**Classification** M (Violence, offensive language  
**Rating** and content that may disturb)

**\$35**  
ADULTS

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**\$25**

STUDENTS 15-18 YRS

*Includes a glass of  
bubbles or juice*

**Tickets can be purchased from  
<https://myetickets.co.nz/bonhoeffer>**

**WANT TO KNOW MORE?**  
visit [www.nativity.org.nz](http://www.nativity.org.nz)

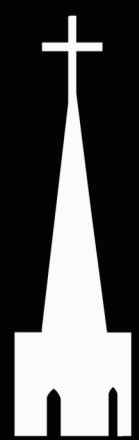
PASTOR. SPY. ASSASSIN.

# BONHOEFFER

ONE MAN'S STAND  
AGAINST HITLER



**27 MARCH 25**  
**7PM**



**FUNDRAISER**  
**EVENT**